



Currently **FREE** to join  
and attend

# **Twin & Multiples Group**

An antenatal  
and postnatal group for twins  
and multiples of any age and stage  
- siblings welcome

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**Meetings held last Wednesday of the  
month 1-3pm at Montrose Maternity Unit**

Wednesday 25th August  
Wednesday 29th September  
Wednesday 27th October

Wednesday 24th November  
Wednesday 15th December

**Parents & carers of  
multiples as well  
as expectant  
parents welcome**

**Exchange  
experiences of  
preparing for  
and having  
multiples**

For further details please  
contact Irene on 07847 571585

